

The National Board for Certified Counselors

Innovations in Counseling: Working with Minority Populations- Part 7 Session 7: The Other Side of the Rainbow—Cultural Sensitivity and the LGBTQ Community

Webinar Follow-up Question and Answer Session with Dr. Plummer

Question from Jessica Unger Is there somewhere I could read more about the research of Kinsey and Hooker?

Answer from Presenter

Alfred Kinsey and Evelyn Hooker were independent psychologists that conducted research separately. Their books and articles can be found via most research-based search engines. Many of their articles were published between the 1960s and 1980s.

Question from Allen Vosburg

How can cultural status be addressed with a client's desire or need to come out so that their culture is not lost to that client?

Answer from Presenter

There are many aspects to culture. Since culture is learned via socialization and modeling, one is less likely to lose his/her culture before or after coming out. Instead, one may be ostracized from his/her cultural community after coming out. In all cases, regardless of sexuality, counselors can help clients prepare for the most extreme scenarios while helping the client develop a range of skills to include assertiveness, boundaries, coping, and new social skills.

Question from Mary Walczak

"Understand the complexity of gender roles and socialization in same-sex relationships." I hear "samesex" called "same-gender." I'm confused. It sounds as though "same-sex" is the same as "same-gender." Is gender another word for sex?

Answer from Presenter

Same gender is synonymous with same sex

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