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Volume 2

Number 2

#### THE OFFICIAL NEWSLETTER OF THE NBCC FOUNDATION

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# FOUNDATION

This newsletter is published two times per year: spring and fall. It is distributed by NBCC without charge to NCCs and NBCC Foundation supporters.

NBCC FOUNDATION CHAIR WILLIAM EDWARD BYXBEE

> EXECUTIVE DIRECTOR SHERRY ALLEN

#### NEWSLETTER EDITOR KATHERINE CLARK

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# **NCC Impact! Reception at ACES**

The NBCC Foundation held its second NCC Impact! reception during the 2013 Association for Counselor Education and Supervision (ACES) conference Saturday, October 19, in Denver. The reception was made possible by generous corporate sponsorship from the National Board for Certified Counselors (NBCC) and the Center for Credentialing & Education (CCE) and was hosted by the NBCC Foundation Ambassadors, an elite group of volunteers who cultivate relationships and solicit support for the Foundation. "Based on the attendance and the way that people stayed long after 7 p.m., my sense is that they truly enjoyed themselves and got the opportunity to become better acquainted with

the Foundation and NBCC as a whole," says Dr. John McCarthy, chair of the NBCC Foundation Ambassadors.

This year's reception proudly showcased the new giving societies, the



MFP Fellows prepare for receiving guests at the NCC Impact! reception.

Dr. Lloyd A. Stone Pinnacle Society and the Counseling Legacies Society, both of which honor the substantial contributions of Foundation donors. The event demonstrated the national and global impact of NBCC Foundation and NBCC International programs. Aimed specifically at "friendraising"—building personal relationships to generate program supporters—the reception also promoted NBCC Minority Fellowship Program (MFP) fellows and NBCC Foundation Scholars, who participated as volunteers. Sharing their stories, these fellows and scholars enabled donors to see firsthand the true impact of their gifts.

Dr. Greg Frazier, NBCC Foundation Trustee, says, "It was an energy-filled room, with comments that I heard such as 'I never even knew about the NBCC Foundation until now,' 'I had no idea the Foundation did such diverse work,' [and] 'I didn't know there was an international component of NBCC."

Three hundred and twenty-seven NCCs and guests attended the reception. The NBCC Foundation Ambassadors and Board of Trustees thank all who contributed to the event's success, and look forward to future NCC Impact! receptions.

#### **FALL 2013**

# FOUNDATION.

# **Congratulations, 2013 HS-BCP Scholarship Recipients**

### Jennifer Altieri, 2013 HS-BCP Scholarship Recipient

Jennifer Altieri is a graduate of Lyndon State College and is enrolled in the clinical mental health counseling program at Plymouth State University. Currently working as the program director for a residential school and community-based services organization for emotionally disturbed adolescents, she has a passion for helping those suffering from mental illness. She looks forward to completing her degree and to providing quality service to youth and families.



# What led you to pursue a career in counseling?

I always knew I wanted to make a difference in someone's life. I enjoy working with people. After completing my [undergraduate] internship, it was clear that I would need to and would enjoy furthering my knowledge [of the counseling profession].

Jennifer Altieri

#### What does becoming a National Certified Counselor (NCC) mean to you professionally?

I believe that becoming NCC certified will allow for accountability professionally as well as continue to keep me current with counseling strategies, techniques and changes in the counseling 'world.'

# What impact has the NBCCF scholarship had on your life?

I am thrilled to be a part of such an amazing opportunity. Personally, I feel honored to have been chosen as I merely shared my passion for this [profession]. How awesome is that? Initially, I was shocked upon hearing that I was chosen, and following the initial shock I felt proud beyond words. I am currently using the funds to continue to take classes in the mental health counseling track at Plymouth State University. I of course hung my plaque on my wall at work and posted it on Facebook for friends and family to see. After receiving an e-mail noting the New Hampshire Governor's office wanted to talk with me, I became 'giddy' like a child. I am just so overwhelmed and grateful for the opportunity and recognition I have received all because NBCCF [took] a chance on me.

### Ryan Maddux, 2013 HS-BCP Scholarship Recipient

Ryan Maddux is pursuing a human services degree at Old Dominion University and works as a training specialist in local government, helping unemployed individuals gain job-related skills. Upon graduating, he intends to pursue a career in counseling and to continue helping individuals obtain gainful employment in his community.



Ryan Maddux

#### What would you like to accomplish as a professional counselor? For the continued growth of counseling as a global profession?

As a professional counselor, I would like to help individuals gain important employment and job-seeking skills and

[teach them] how to access a myriad of employment services. Many individuals do not know how to successfully complete a positive interview or create an inspiring résumé. I would like to assist individuals [by] helping them [decide] which career field they would like to enter and then help them make an objective plan [for] how to obtain that career and succeed in it.

#### What is one experience that you've had as a human services professional that stands out from the rest?

The most memorable experience that I have had thus far in this [field] has been placing my first client with their brand new job. "Joe" was an individual with an excellent work habit, always willing to put forth a positive work ethic and doing whatever it took to obtain a job. After one year of looking for a job, Joe [accepted an offer] to be a dishwasher for a small café and catering company. Joe thanked

# Counseling Legacies Society

The NBCC Foundation thanks the members of the Counseling Legacies Society. The society recognizes donors whose dedicated support makes the Foundation's enduring contributions to the underserved possible. Donors' lifelong giving is acknowledged at the following levels:

**Supporter** (\$1,000–\$4,999);

Facilitator (\$5,000-\$9,999);

Mentor (\$10,000-\$24,999); and

Advocate (\$25,000-\$49,999).

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For more information, contact Sherry Allen, executive director, at allen@nbcc.org. continued from page 2

# Congratulations, 2013 HS-BCP Scholarship Recipients

#### Ryan Maddux, continued

me every day for a week for helping him find a job. Today, Joe continues to work at the café as a dishwasher and enjoys what he is doing and who he is working with. He has built strong relationships with his managers and coworkers. He continues to gain new job skills, such as cutting and preparing food for catering orders and helping to receive inventory. This is the kind of success story that helps me motivate myself in helping to serve people. Serving people is what brings me great joy and pride.

#### What impact has the NBCCF scholarship had on your life?

The NBCC Foundation Human Services-Board Certified Practitioner Scholarship has greatly impacted my devotion to the human service industry. I have now seen firsthand what my commitments and experiences have brought forth. This award has helped me understand that my hard work and dedication have been recognized and I am very humbled by receiving this great honor. Personally, this award has helped me to reflect on what kind of person I am and what I have devoted myself to become. Professionally, this award has marked a milestone for my growth in the human service career. NBCC Foundation Chairman William Byxbee called me on a Saturday afternoon when I was at home studying for an exam. He introduced himself and said, "Mr. Maddux, I would just like to take this time to congratulate you for being selected for the NBCC Foundation scholarship." When he said this, I was speechless. It was like winning the lottery. I will use the funds to help me pay for my fall 2013 tuition at Old Dominion University and complete my Bachelor of Science in human services.

The 2013 Foundation Human Services-Board Certified Practitioner Scholarship was made possible by the generous support of the Center for Credentialing & Education (CCE).



# "Innovations in Counseling: Working With Minority Populations" Webinar Series

The NBCC Foundation is proud to present a series of training webinars titled "Innovations in Counseling: Working With Minority Populations." The training series is part of the NBCC Minority Fellowship Program (MFP) and is made possible by a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA).

The series provides additional training resources for the 24 inaugural MFP Fellows and the recipients of the Foundation scholarships. In addition, the webinars are available to all active National Certified Counselors (NCCs) at no cost, to continue to enhance the skills of professional counselors serving diverse populations.

The live webinars are recorded and made available via i-counseling, an online continuing education portal administered by the Center for Credentialing & Education (CCE), an NBCC affiliate. Documentation of one continuing education clock hour is available for each session, live or recorded, for a processing fee of \$10, which is not covered by the grant.

Session 1 in the series, "Innovations in Counseling: Culturally Informed Substance Abuse Counseling," was presented by Dr. Philip Clarke of Wake Forest University, in Winston-Salem, North Carolina. Dr. Clarke is a member of the MFP Advisory Council (MFPAC). The session was conducted live from the NBCC Foundation offices in Greensboro, North Carolina. More than 400



Dr. Philip Clarke

participants registered for the webinar within one week.

**Session 2**, "From Shaming to Sharing: Using Personal Privilege to Promote Cultural Empowerment and Advocacy," was presented by MFPAC member Dr. Michael Kocet of Bridgewater State University, in Bridgewater, Massachusetts. Although more than 700 individuals registered, the session was limited to 500 attendees.

Availability for all sessions is on a first-come-first-served basis. Those unable to attend the live sessions may access the recordings through i-counseling at www.i-counseling.net. Questions generated from the live sessions are answered by the presenters either during or after the event and posted on the NBCC Foundation Web site at www.nbccf.org/webinar.

Look for announcements of future sessions in the "Innovations in Counseling" webinar series by e-mail and at www.nbccf.org.

# Enhance Your Education



2013 MFP RECIPIENTS

### Apply for a Minority Fellowship

The NBCC Foundation announces the 2014 application period for the National Board for Certified Counselors Minority Fellowship Program (NBCC MFP), beginning December 1, 2013.

The NBCC MFP will award up to 22 fellowships of \$20,000 each. This program is made possible by a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA).

For more information and eligibility requirements, please contact the NBCC Foundation.



336-232-0376 www.nbccf.org/mfp foundation@nbcc.org

# The NBCC Foundation Is Bringing Counseling to #GivingTuesday

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The NBCC Foundation invites you to make counselors' presence known on Giving Tuesday.

Trending online under the hashtags #GivingTuesday and #GT, Giving Tuesday is a movement to create a national day of charitable giving on the Tuesday following Thanksgiving, Black Friday and Cyber Monday. The second annual Giving Tuesday is December 3, 2013. Inspired by retail stores' participation in Black Friday, Giving Tuesday celebrates charitable activities and encourages the giving community to come together to make a difference for nonprofit organizations. The hope is that people and organizations will donate to charities with the same excitement that they participate in major holiday shopping days. Last year, more than 2,500 organizations from all 50 states participated in Giving Tuesday. It was recently announced that Canada and Australia will participate this year.

# Honor the People in Your Life With Honor Cards

A growing number of NBCC Foundation donors are choosing donations as a way to honor the special people in their lives. Honor cards acknowledge that a donation has been made on behalf of the honoree. Donate \$25 and receive five honor cards to send to friends, family and associates as occasions arise. The donor receives a letter documenting the total tax-exempt donation.

To donate online, visit www.nbccf.org/donate.

The photos for our first honor cards are the result of a photo contest that involved the employees of NBCC and Affiliates. The winning photographers are acknowledged on each honor card that includes their photo.

Do you have great photos to share? Future cards will be developed with photos from our donors. Look for invitations to participate in upcoming contests for the following special occasions and themes:

Winter Holiday Greetings Valentine's Day Graduation Patriotic Mother's Day Father's Day Pet Devotions NBCC and Affiliate photo contest winners: Callie Gordan, first place (top) and Regina Flora, second place (bottom).



The contributions and efforts of partners, donors and advocates significantly increased charitable giving on last year's Giving Tuesday. Blackbaud, a provider of cloud-based donor management software, processed over \$10 million in online donations—53 percent more than the Tuesday after Thanksgiving the previous year. Razoo.com, one of the fastest growing crowdfunding platforms for causes, saw a 50-percent increase in donations for the same period.

This year, the NBCC Foundation is bringing counseling to this national day of giving. Join this effort by visiting our new Facebook page and be sure to "like" it to stay up to date on training, volunteer and scholarship opportunities, as well as best-practice resources. Follow the Foundation on Twitter and, if you have not already, join the LinkedIn group.

#### January 16, 2013 – September 15, 2013

#### Thank you to all the generous donors during this time.

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# Imagine the Difference You Can Make!

Donate to the NBCC Foundation today at www.nbccf.org/donate.

# **NBCCF Awards Inaugural Minority Fellowships**

In May 2013, the NBCC Foundation announced the 24 inaugural recipients of the National Board for Certified Counselors Minority Fellowship Program (NBCC MFP). The NBCC MFP will distribute \$600,000 to these fellows to support their education and facilitate their service to underserved minority populations.

The Foundation received more than 100 applications for this fellowship opportunity. The Minority Fellowship Program Advisory Council (MFPAC), chaired by Dr. Sandra Lopez-Baez, selected 24 of these applicants to receive the fellowship award. These fellows meet and exceed the eligibility requirements of the program by holding the National Certified Counselor (NCC) credential, being matriculated in a CACREP-accredited doctoral program, demonstrating knowledge of and experience with racially and ethnically diverse populations, and committing to providing mental health and substance abuse services to underserved minority populations. This first cohort of Fellows will work with Foundation staff, the MFPAC and mentors to achieve the goal of the program.

The NBCC MFP is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in August 2012. The Foundation is contracted by NBCC to administer the NBCC MFP, as well as training and collaboration activities that will be open to all National Certified Counselors. The goal of the program is to strengthen the infrastructure that engages diverse individuals in counseling and increases the number of professional counselors providing effective, culturally competent services to underserved populations.

The Foundation plans to open the next NBCC MFP application period in December 2013. To learn more about the NBCC MFP and its fellows, please visit www.nbccf.org/mfp.



**NBCC MFP Fellows** 

**Ophelia M. Blackwell** is a graduate of Kansas State University and Virginia State University, and is enrolled in the counselor education and supervision program at Kansas State University. Ms. Blackwell has more than 10 years' experience working with diverse, underserved military and rural clients. Her goal as an NBCC MFP Fellow is to increase her knowledge of effective therapeutic techniques for cross-cultural therapeutic relationships and help families adjust to the rigors of military life. After graduation, she plans to continue her work as a mental health therapist and private practitioner.

Ms. Ophelia M. Blackwell

**Matthew W. Bonner** is a graduate of Rutgers University, Howard University and Loyola University, and is pursuing a doctoral degree in counselor education at Old Dominion University. Mr. Bonner's work experience includes teaching undergraduate-level addiction theory classes and providing counseling services for underserved populations and military families. As an NBCC MFP Fellow, he plans to work with novice counselors to improve service delivery in the areas of psychological testing, ethics and addictions in addition to his counseling work with minority populations.



Mr. Matthew W. Bonner

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Ms. Claudette A. Brown-Smythe



Ms. Jennifer M. Cook

**Claudette A. Brown-Smythe** is a graduate of the University of the West Indies and Syracuse University, where she is enrolled in the counselor education program. Ms. Brown-Smythe has worked as a high school teacher, counselor and college lecturer. Her goal as an NBCC MFP Fellow is to provide culturally appropriate assessment, treatment, prevention and rehabilitation services that are more congruent and authentic for underserved populations. After graduation, she plans to work as a mental health counselor in a setting that focuses on serving underserved diverse populations.

**Myrsane Caze** is a graduate of Georgia State University and Argosy University, and is enrolled in Mercer University's counselor education and supervision program. Ms. Caze has worked as a technical lab assistant and mental health counselor. As an NBCC MFP Fellow, she hopes to increase her knowledge of effective treatment techniques to help clients identify their inner strength and ability to succeed. She also plans to continue her work in community-based agency mental health counseling with treatment emphasis on personal awareness and emotional growth.

**Jennifer M. Cook** is currently enrolled in the Virginia Polytechnic Institute and State University's counselor education and supervision program, and is a graduate of Florida Southern College and the University of Colorado at Denver. Ms. Cook has worked as a private practitioner, cognitive behavior practitioner, counselor and counseling supervisor. Her goal as an NBCC MFP Fellow is to serve multicultural populations with congruent client services. She also plans to continue to research, write, teach, advocate and practice multiculturalism while working with culturally diversity populations.

**Robert M. Cox** is a graduate of Appalachian State University and is pursuing a doctoral degree in counselor education at the University of Memphis. Mr. Cox's work experiences include chemical dependency and crisis intervention counseling. As an NBCC MFP Fellow, he plans to serve as a counselor educator who encourages counselors to develop expertise in addictions, crisis interventions and mental health treatment, and to research how behavioral health services in traditional medical settings can increase access to services for underserved individuals.



Ms. Myrsane Caze



Mr. Robert M. Cox

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Asha Dickerson is a graduate of the University of Alabama at Birmingham and is currently pursuing a doctoral degree in counselor education and supervision at Auburn University. Ms. Dickerson is the 2012 recipient of the Alabama Counseling Association's Miles-Seymour Award for outstanding doctoral students. She currently serves as the family and community service coordinator for Fellowship House, Inc., a private, nonprofit, substance abuse recovery program designed to serve the special needs of individuals who suffer from alcoholism and/ or drug addiction and other mental illnesses. Ms. Dickerson's goal as an NBCC MFP Fellow is to educate, encourage and enrich the lives of her clients, students, employees and the community through her commitment to advocacy, mental health and leadership.



Ms. Asha Dickerson



Mr. Fulani A. Doughty

**Fulani A**. **Doughty** is a graduate of the University of Georgia and is enrolled in the Argosy University Sarasota's counselor education and supervision program. His professional experience includes working as a social services technician, alternative school lead teacher, school counselor, private practitioner and rehabilitation counselor. His goal as an NBCC MFP Fellow is to serve his community as an effective change agent to enrich the lives of others. After graduation, he plans to continue his work as an educator, consultant and counselor, and serve as a clinical evaluator/treatment provider for the DUI Intervention Program in Georgia.

**David J. Ford** is a graduate of Wake Forest University and is pursuing a doctoral degree in counselor education at Old Dominion University. His professional background includes working as a certified nursing assistant, human services technician, counselor, academic advisor and clinical supervisor. As an NBCC MFP Fellow, he plans to research how African-American Greek-lettered organizations can help African-American males get into and through college successfully. In addition, he plans to continue to mentor underserved college students, provide mental health services to diverse populations and volunteer at a community agency that services urban populations.



Mr. David J. Ford

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**Crystal B. Gatling** is a graduate of Gardner-Webb University and North Carolina Central University, and is currently enrolled in the doctoral counselor education program at North Carolina State University. Ms. Gatling has worked as a resident patient assistant, contract therapist, lead outpatient clinician and private practitioner. Her goal as an NBCC MFP Fellow is to serve underserved populations with an emphasis on addiction and women's issues. She also plans to continue her private practice and provide quality mental health services to minority children, adolescents and adults struggling with mental health and substance abuse diagnosis in residential, agency and in-home settings.



Ms. Crystal B. Gatling



Ms. Tiffany R. Hairston

**Tiffany R. Hairston** is a both a student and a graduate of the University of Toledo, where she is pursuing a doctoral degree in counselor education and supervision. Ms. Hairston has worked as an executive secretary, accounting technician, lead counselor/ case manager, director of mentoring and juvenile services, and graduate assistant. As an NBCC MFP Fellow, she plans to receive advanced training on issues related to minorities, networking and advanced research opportunities. After graduation, she plans to teach multicultural classes to further educate master's- and doctoral-level students on issues of diversity and affecting change in a community in order to invoke a spirit of urgency within the counseling profession to focus attention on underserved minorities in need.

**Katherine A. Heimsch** is a graduate of Rider University and is pursuing a doctoral degree in counselor education and supervision at Old Dominion University. A New Jersey native, Ms. Heimsch has served her community by providing mental health counseling to children, adolescents and their families, with a focus on issues of abuse and neglect, trauma, foster care and adoption. As an NBCC Minority Fellow, she plans to continue her dissertation research on children's suicidality, advocate for children's mental health needs and complete her hours for licensure as a professional counselor.



**Camille Y. Humes** is a graduate Chicago State University and Governors State University, where she is pursuing a doctoral degree in counselor education and supervisor. Ms. Humes has more than 10 years' experience as a clinician and mental health consultant for numerous Head Start programs and social service agencies. Her goal as an NBCC MFP Fellow is to teach and work with families with children who are underserved and affected by substance abuse issues.

Ms. Katherine A. Heimsch

Ms. Camille Y. Humes

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**Robert A. Horne** is student at North Carolina State University pursuing a doctoral degree in counselor education. Mr. Horne is also a graduate of Florida Agricultural and Mechanical University, Duke University and North Carolina Central University. He is a licensed professional counselor, clinical supervisor intern/licensed clinical addiction specialist, international certified advanced alcohol and drug counselor, and a National Certified Counselor. He has worked with underserved populations, domestically and abroad, for more than 20 years. As an NBCC MFP Fellow, he plans to conduct his proposed dissertation research study, "Spirituality and active coping among African-American and black South African males convicted of drug-related felonies."



Mr. Robert A. Horne



Ms. Kimberly P. Jenkins-Richardson

**Kimberly P. Jenkins-Richardson** is both a student and graduate of the University of Alabama, where she has been accepted into the counselor education and supervision program. She is also a graduate of Jacksonville State University. Ms. Jenkins-Richardson is employed by the University of Alabama Counseling Center as a staff therapist and has experience working in community mental health, and public and private substance abuse agencies. As an NBCC MFP Fellow, she hopes to help students of minority and special populations become more receptive to mental health services and diversify the counseling profession through her work as a faculty member.

**J. Richelle Joe** is a graduate of the University of Virginia and Old Dominion University, and is enrolled in the counselor education and supervision program at the College of William and Mary. Over the past 15 years, Ms. Joe has served as a secondary school teacher, middle school counselor and family counselor. Through her work as an NBCC MFP Fellow, she hopes to increase her knowledge and skills related to serving disadvantaged and marginalized populations. Specifically, she is interested in exploring the ways in which counseling can benefit families impacted by HIV/AIDS and incarceration.



Ms. J. Richelle Joe



**Michael S. Jones** is a graduate of Freed Hardeman University, Ashland Theological Seminary and Harding University. He is currently enrolled at Regent University, where he is pursuing a doctoral degree in counselor education and supervision. Mr. Jones has been a psychotherapist for 11 years and has experience in substance abuse counseling, counselor education, clinical supervision and community-based mental health. He currently works for Health Resources of Arkansas as a child therapist. His goal as an NBCC MFP Fellow is to utilize this fellowship to help him in his research with adult biracial children.

Mr. Michael S. Jones

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Mr. Uberto L. Mondolfi

**Uberto L. Mondolfi** is both a student and a graduate of Capella University, where he is pursuing a doctorate in counseling studies. Mr. Mondolfi is also a graduate of Universidad Metropolitana, where he studied civil engineering and business administration. But after changing life goals, he went on to pursue a career in counseling. Mr. Mondolfi holds the Certified Addiction Professional credential and is a National Certified Gambling Counselor level II. His goals as a NBCC MFP Fellow are to complete his counseling degree and to dedicate his life to teaching, psychotherapy, and research and writing in the addictions field.

**Tamia H. Randolph-Alvarez** is a graduate of Xavier University and the University of New Orleans, where she is pursuing a doctoral degree in counselor education and supervision. Ms. Randolph-Alvarez has practiced as a counselor since 2004 and has worked with ethnic minority populations in community agency settings, schools and in-home environments. As an NBCC MFP Fellow, she hopes to enhance and further develop her current knowledge base in culturally competent clinical services with ethnic minority populations who struggle with mental health and substance abuse issues. Ms. Randolph-Alvarez is also in the process of developing a business model for an agency that will provide culturally competent substance abuse and mental health counseling.



Ms. Tamia H. Randolph-Alvarez



Ms. Ajita Robinson

**Ajita M. Robinson** is a graduate of Saint Louis University and is enrolled in George Washing University's counselor education and supervision program. Ms. Robinson has a private practice, where she works with individuals, families and groups. She has lectured at several area universities and is an adjunct faculty member at Trinity Washington University in Washington, DC. As an NBCC MFP Fellow, Ms. Robinson hopes to become a highly trained and skilled member of an active community of mental health clinicians who are dedicated to decreasing health disparity gaps in underserved youth. She also looks forward to receiving mentorship from other colleagues and experts in the field and gaining access to valuable resources that will allow her to provide better quality of care to the clients she currently serves and intends to serve in the future.

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Ms. Beverly R. Sargent

**Beverly R. Sargent** is a graduate of Minot State University and Loyola College, where she is pursuing a doctoral degree in counseling education and supervision. She was recently named executive director of the District Heights Family & Youth Services Center. She is a member of the international counseling honor society Chi Sigma Iota, the American Counseling Association, the Association of Death Education and Counseling, and the Maryland Association for Counseling and Development. She retired from the U.S. Air Force in 2003. As an NBCC MFP Fellow, she hopes to expand and enrich her service through professional presentations, qualitative and quantitative studies, and publications.

**Angelica M. Tello** is a graduate of the University of Texas at San Antonio and the University of Texas at Austin, where she is pursuing a doctoral degree in counselor education and supervision. Her counseling experience includes working with college students at public four-year institutions and working in agencies serving children and adolescents from low-income communities. Tello's goal as an NBCC MFP Fellow is to support counselors-in-training as they develop an understanding of the mental health issues that face minority and low-income communities.







Ms. Rebecca Vazquez

**Rebecca Vazquez** is a graduate of Rider University and the College of New Jersey, and has been accepted to Regent University's counselor education and supervision program. She currently works as the bilingual coordinator for Womanspace, where her work focuses on domestic and sexual violence, especially within the Spanish-speaking community. Her clinical interests include trauma, culture and faith. Her goals as an NBCC MFP Fellow include teaching collegiate-level courses on trauma, advocating for trauma-informed care, and becoming an abolitionist for human sex trafficking survivors.

**Tanya L. Willson** is a graduate of the University of Utah and Liberty University, and is enrolled in Barry University's counselor supervision and education program. Ms. Willson has experience in a university counseling center and in private practice, and currently works in hospital inpatient and outpatient programs. Her plans as an NBCC MFP Fellow include using the opportunity for personal growth, committing additional time to serving minority clients in the Miami/Ft. Lauderdale area and fostering multicultural competence among fellow counselors.



Ms. Tanya L. Willson

# **NBCC MFP Fellows Make Their Mark on ACES**

Three NBCC Minority Fellowship Program (MFP) Fellows were recognized for their accomplishments at the Association for Counselor Education and Supervision (ACES) 2013 annual conference in Denver in October. Asha Dickerson and David Julius Ford Jr. were selected for ACES Emerging Leaders Fellowships. Angelica Tello was selected as

an ACES Presidential Fellow.

Ms. Dickerson is a National Certified Counselor (NCC) and licensed professional counselor.



Ms. Asha Dickerson

She is a native of Montgomery, Alabama, and graduated from the University of Alabama at Birmingham with bachelor's degrees in psychology and history and a master's degree in community/ agency counseling. She is currently pursuing a doctoral degree in counselor education and supervision at Auburn University. She is the 2012 recipient of the Alabama Counseling Association's Miles-Seymour Award for outstanding doctoral students. Ms. Dickerson currently serves as the family and community service coordinator for Fellowship House, a private, nonprofit substance abuse recovery program. She is active in community, state and national organizations, currently serving as secretary of the Association for Multicultural Counseling and

Development, treasurer of the Alabama Association for Counselor Education and Supervision, and president-elect of the Alabama Association for Multicultural Counseling and Development.

Mr. Ford is a proud North Carolinian and NCC. He graduated from Wake Forest University with a Bachelor of Arts in psychology and Master of Arts in counseling. He is pursuing a Doctor of Philosophy in counselor education

and supervision at Old Dominion University, in Norfolk, Virginia. His passion for counseling is fueled by his desire to improve the academic and psychosocial outcomes of African-American male college students. Mr. Ford hopes to provide counselors and college student personnel with effective strategies to improve recruitment and retention rates of African-American male students. He also has a passion for

helping individuals battling addiction and individuals living with HIV/AIDS. He aspires to be a counselor educator in a full-time faculty position and to continue to research effective strategies for counselors working with these populations.

Ms. Tello is a graduateMs. Angelica Telloof the University ofTexas at Austin and the Universityengaof Texas at San Antonio, where shewith



Mr. David Julius Ford Jr.

is currently a doctoral student in counselor education and supervision. She is an NCC and is working to obtain counselor licensure in the state

of Texas. In 2012, Ms. Tello was recognized as a Southern Association for Counselor Education and Supervision Emerging Leader Fellow. Her counseling experience includes working with college students at public four-year institutions and working in agencies serving children and adolescents from lowincome communities.

ACES Emerging Leaders Fellows are doctoral students or new professionals selected for their excellence in service, research or teaching. Fellows participate in an exclusive workshop at the ACES conference, hosted by noted leaders in the counseling profession. The goals of the program are to help students discover how leadership can enhance their own professional development, enhance

> the diversity and vitality of ACES leadership, and provide an overview of ACES leadership opportunities.

The ACES Presidential Fellows is an initiative sponsored by the ACES president to support emerging leaders in counselor education. Fellows receive support for their professional

engagements and develop connections with current leaders in counselor education and supervision.

obtain counselor licensur of Texas. In 2 Tello was reco Southern Asso Counselor Ed Supervision Ed Leader Fellow counseling ex

# Foundation Volunteer Opportunities for NCCs

The NBCC Foundation expands its resources with the support of NCC volunteers who provide services essential to the Foundation's mission of leveraging the power of counseling by strategically focusing resources for positive change. In addition to the Board of Trustees positions, volunteers serve as NBCC Foundation Ambassadors, members of the Minority Fellowship Program Advisory Council (MFPAC), training presenters and panelists, resource professionals, mentors, and scholarship application reviewers.

The NBCC Foundation Ambassadors form a committee appointed by the Board of Trustees that raises money for the Foundation through donor development and public promotion. Ambassadors are trained to cultivate relationships and solicit financial support for the Foundation, both through online crowdfunding and person-to-person relationships.

The MFPAC selects and supports the NBCC MFP Fellows, doctoral students who receive substantial education awards. In addition, the MFPAC advises policy development for administration of the program; supports program planning, monitoring and evaluation; and provides education and leadership to the counseling profession. Learn more about the five current MFPAC members at www.nbccf.org/mfp/ advisory.

Training presenters and panelists donate their time, energy and expertise by conducting live training webinars and participating in discussion panels. These resources are available to the NBCC MFP Fellows, the NBCC Foundation Scholars and all active NCCs. Volunteer resource professionals serve as content expert guides for NBCC Foundation Scholars and NBCC MFP Fellows. They share their knowledge and experience with recently graduated counselors and counselor educators.

Mentors are paired with Fellows and cultivate a strong professional relationship, providing support and scholarly development. Fellows receive guidance in leadership, planning, time management, selfcare, professional standards and best-practice skills. Beginning in 2014, Scholars will also have the opportunity for mentoring relationships.

Volunteer reviewers evaluate applications for the NBCC Foundation scholarships. Volunteers serve on review teams that rate applications based on criteria determined by the Foundation Board of Trustees. Reviewers have experience and knowledge with one or more of the Foundation priorities—career counseling and guidance, human services, military and veteran populations, rural communities, and underserved minority groups.

Most volunteer activities are completed remotely via telephone or Internet. The NBCC Foundation considers all volunteer services as "in-kind" donations. If you are interested in volunteering with the NBCC Foundation, please visit www. nbccf.org/donate/beinvolved.

Our dedicated volunteers are vital to our success. Continue reading below to meet Dr. Guy Ilagan, a volunteer reviewer for the GCDF scholarship.

### NBCC Foundation Featured Volunteer Reviewer

Guy Ilagan served as a volunteer reviewer for the Foundation's Global Career Development Facilitator (GCDF) scholarship. A National Certified

Certified Counselor (NCC) since 1995, he has worked in multiple counseling settings and currently serves full-time on the counselor education faculty at The



Dr. Guy Ilagan

Citadel, in Charleston, South Carolina. Dr. Ilagan also sees a few private clients each year and offers training to counselors and nonprofit organizations. As a trainer of counselors, he hopes to promote the mastery of attending skills, effective stress-coping for counselors and the application of research-based approaches.

Of his experience as a volunteer reviewer for the NBCC Foundation, Dr. Ilagan says:

"I was eager to apply and excited to be selected. I knew I could get into and enjoy a service endeavor that increased access to education and counseling. The processes from the start have proven to be prepared thoughtfully, well-organized and effective. Also, the

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### NBCC Foundation Featured Volunteer Reviewer

coordinator, Ms. Shahnaz Khawaja, is a master at leading us volunteers. It is great to offer service in an area that is nicely structured and worthwhile."

Dr. Ilagan received his B.A. in psychology from the College of Charleston, M.Ed. in clinical counseling from The Citadel and Ph.D. in educational leadership from Clemson University. Dr. Ilagan resides in Charleston with his wife, Jill. He enjoys stand-up paddle surfing, camping, cycling, and spending time with family and friends, and has completed an end-toend hike of the Appalachian Trail.

To learn more about volunteer opportunities through the NBCC Foundation, see "Foundation Volunteer Opportunities for NCCs" on page 19.

# Make a Lasting Contribution to the Counseling Profession Through a Planned Gift to the NBCC Foundation

A planned gift to the NBCC Foundation leaves a powerful and positive legacy. Consider the following options for a planned gift:

- Will bequests;
- Charitable remainder trusts;
- Charitable lead trusts;
- Life insurance;
- Retirement plans and IRAs;
- Charitable gift annuities;
- Real estate; and
- Stocks, bonds or other personal property.

Sample bequest language is available on the Foundation Web site at www.nbccf.org/ planned\_gift/. Foundation Executive Director Sherry Allen is glad to discuss your philanthropic goals and provide further information to you, or your agent or financial advisor. E-mail her at allen@nbcc.org or call 336-232-0376.