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PRESS RELEASE

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Andrea Parodi Awarded \$5,000 Counseling Fellowship From NBCC and Affiliates

Gainesville, FL—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Andrea Parodi of Gainesville, Florida, for the NBCC Minority Fellowship Program-Youth (MFP-Y). As an NBCC MFP-Y Fellow, Parodi will receive funding and training to support her education and facilitate her service to underserved minority populations, with a specific focus on transition age youth (ages 16–25).



The NBCC MFP-Y is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-Y, as well as training and collaboration activities, such as <u>webinars</u>, that are open to all National Certified Counselors (NCCs). The goal

of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the available number of culturally competent behavioral health professionals.

The NBCC MFP will distribute \$5,000 to Parodi and the 39 other master's-level counseling students selected to receive the fellowship award. Parodi is both a student and graduate of the University of Florida in Gainesville, where she is pursuing a master's degree in mental health counseling. Parodi's goal is to serve lesbian, gay, bisexual and transgender (LGBT) youth upon graduation, and she plans to utilize this fellowship so that she can devote more time to her studies and research. She is excited to have more access and better connections as a result of the fellowship award so that she can help LGBT youth and other at-risk minorities.

The Foundation plans to open the next NBCC MFP-Y application period in September 2015. To learn more about the NBCC MFP and its fellows, please visit <u>www.nbccf.org</u>.

About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 55,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.