



PRESS RELEASE

NBCC Foundation

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FOR IMMEDIATE RELEASE

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Adam Kohlruss Receives NBCC Foundation Scholarship to Serve Veterans

Jacksonville, FL— The NBCC Foundation, an affiliate of the National Board for Certified Counselors, Inc. (NBCC), recently awarded a \$5,000 scholarship to Adam Kohlruss, of Ponte Vedra Beach, Florida. This scholarship was open to counselors-in-training who committed to serving veterans through a one-year internship beginning in the fall of 2015 at the [Five Star Veterans Center](#) in Jacksonville, Florida.



This scholarship was funded in part through a grant from the [Delores Barr Weaver Fund](#). It will provide financial support to Kohlruss and the two other students selected to receive this scholarship award. All three scholars are currently enrolled in a CACREP-accredited master's in clinical mental health counseling program; have accepted an internship at the Five Star Veterans Center; have knowledge of military personnel, veterans and their families; and have committed to serving this population for a minimum of two years upon graduation.

As a scholarship recipient, Kohlruss will receive \$5,000 to support his counseling education and recognize his commitment to the underserved. A graduate of Michigan State University, in East Lansing, Kohlruss is currently a student at the University of North Florida, in Jacksonville. Postgraduation, Kohlruss intends to work with veterans, particularly on growth from post-traumatic stress, traumatic brain injury, and mental rehabilitation from limb loss. His current research focuses on simultaneous physical exercise and mental conditioning, with the goal of minimizing emotional and physical discomfort during distressful situations. This scholarship will allow Kohlruss the opportunity to share research and early formative programs with homeless veterans at the Five Star Veterans Center. His golden shepherd, Odie, is currently in training to become a therapy dog, ensuring he has an opportunity to join in future mental health opportunities.

In addition to the \$5,000 scholarship, the Foundation will also provide the scholars with a sustainability package that includes access to mentors, training, and other tools to help build leadership skills and professional profiles. The mentor program consists of dedicated National Certified Counselors (NCCs) who [volunteer](#) with the Foundation. The training provided to scholars includes [webinars](#) that are also open to all NCCs.

Earlier this year, the NBCC Foundation awarded five \$5,000 military scholarships to increase the number of counselors serving fellow military personnel, veterans and their families, and five \$5,000 rural scholarships to increase the number of counselors serving rural areas. The Foundation plans to continue offering scholarships to increase the number of counselors in the areas where they are needed most and will open the next application period in September 2015. For more information or to make a gift in support of the Foundation's mission, please visit www.nbccf.org.

About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 58,000 National Certified Counselors (NCCs) in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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